

27<sup>th</sup> April 2007

## **PRESS INFORMATION**

### **A 70s NIGHT WITH REAL GLAM, GLITZ - & FIZ**

Manchester based event specialists, The Taylor Lynn Corporation (TLC), has joined forces with Coronation Street's Fizz Brown, actress Jennie McAlpine, for the first ever fundraising event in aid of the Mood Swings Network at a glam gala 70s night at The Lowry Hotel on 16<sup>th</sup> August 2007.

The event is a star-studded night with Jennie and Coronation Street co-star and Soapstar Superstar winner Antony Cotton, coming together to perform a duet, and a possibility that Jennie's other Corrie colleagues such as Andy Whyment and Zaarah Abrahams may just join in the chorus! The glitz doesn't end there though with TLC transforming the Lowry Hotel's ballroom into a real showcase of 70s kitsch – with an array of vivid colours, glitter balls, medallions for the men and an awesome live band playing the best music from the 70s.

For tickets call TLC on 0161 876 6266 or visit [www.tlc-ltd.co.uk](http://www.tlc-ltd.co.uk). Tickets cost £1000 per table and all profits are donated to the Mood Swings Network.

TLC director, Liz Taylor explains: "Although the Mood Swings Network offers serious support for an increasingly serious issue in our society, the 70s night is designed to pack as much fun into one evening as possible. So, hang on to your platforms and expect 70s high glamour!"

Jennie's father, who has worked in the field of mental health charities for many years, set up the Mood Swings Network 9 years ago and the charity supports people from all walks of life with a wide range of mental health problems.

**-Ends-**

**More follows**

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**Notes to Editors:**

- More information is available at [www.tlc-ltd.co.uk](http://www.tlc-ltd.co.uk)
- **MOOD SWINGS NETWORK** - Ten years ago a group of people with personal experience of severe mental health problems met together and decided that instead of complaining about the lack of services and support, they would set up an organisation that could help them and their families and friends get back to living a happier life. From small beginnings Mood Swings has grown into a unique self help and support organisation that has enabled thousands of individuals and their loved ones to cope with the effects of mental illness.

Based in the centre of Manchester, Mood Swings operates a telephone help line that provides information, advice and support to people who might be frightened, confused or just lonely and the helpline is manned by volunteers who have personal experience of mental health problems.

Mood Swings aims to be the caring family that some people have lost or never had. The charity has a constant stream of people through its small office. Some people just need a cup of tea and somebody to talk to, whilst others may need practical support that they cannot find anywhere else.

For example, Annie came to the charity holding onto her little dog. She needed to go into hospital, but was distressed because she didn't want to be parted from her pet. A volunteer cared for the dog whilst she received treatment and arranged for her 'baby' to visit her every day.

John had dropped out of university after a series of mental health problems and without family and friends to support him had become homeless. The charity found him somewhere to live and helped him get the treatment he needed. Within a year he was back at university and a year later graduated with a first class degree, to the cheers of his friends at Mood Swings. He continues to volunteer at the charity where he now helps other people to overcome their difficulties.

People who visit Mood Swings often leave with a very different attitude towards mental health. The place is bright and homely and the people warm and friendly. At Mood Swings mental health problems are not seen as a life sentence, but rather as difficulties that people can overcome. This positive upbeat approach is infectious and people of all ages and from all walks of life are grateful that such a special place and such special people are there when they need it.

Mood Swings can be contacted at 23 New Mount Street, MANCHESTER, M4 4DE 0161 953 4105 or [mood.swings@virgin.net](mailto:mood.swings@virgin.net)